

Recipe for On-Cloud-9-Dough

- What you need:**
- 1 cup water
 - food coloring
 - 6 cups flour
 - 1 cup vegetable oil
 - measuring cups
 - mixing bowl
 - wooden spoon

- Directions:**
1. Mix water and food coloring in bowl
 2. Add flour and oil
 3. Stir
 4. Knead until smooth

Variation:

For the first step, children can drop the food coloring in the water and watch the color spread.

Note:

Dough can be reused; store in the refrigerator in an airtight container.

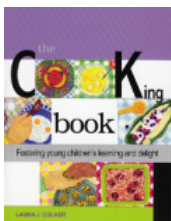
Recipe for Bouncy Playdough

- What you need:**
- 2 cups baking soda
 - 1½ cups water
 - 1 cup cornstarch
 - measuring cups
 - medium mixing bowl
 - fork
 - medium saucepan
 - wooden spoon

- Directions:**
1. Place ingredients in bowl
 2. Mix with fork
 3. Place mixture in saucepan
 4. Bring to boil on medium heat
 5. Cook, stirring constantly with spoon, until thick
 6. Let cool

Note:

Only the supervising adult should test the dough's temperature. Dough can be reused; store on shelf in an airtight container.



Source:

Both recipes are from **Laura J. Colker**, *The Cooking Book: Fostering Young Children's Learning and Delight*. 2005. Washington, DC: NAEYC.